

## Planning for your Vision Board

Plan your goals in each of the following areas (at least 2 goals per area). Identify a quotation from a famous person to support your area. Remember that you need to include a citation for the quotation. See slides for more details.

How do I cite a quotation? Here are few resources to help you:

[Easybib.com](https://www.easybib.com/)

[Cite This For Me](https://www.citethisforme.com/)

### Career/Finances

**Goal 1: Have enough stability to be able to buy clothes and shoes, and ultimately build good habits to be financially successful and stable when I am older.**

**Details: Over the summer I will work, specifically After School Matters so that I can be able to buy the little things that I need and don't have to wait to get them.**

**Goal 2: Don't spend money on unnecessary things or things that might potentially become a waste of money.**

**Details: Over the past few years, I have worked and been able to have a lot of money in my account, however I tend to spend it on things like fast food or clothing items that I eventually don't want or like anymore which is something that I have to stop doing and I have to stop making excuses and reasons to justify this careless spending.**

**Quotation for area: "A lot of people say they want to be great, but they're not willing to make the sacrifices necessary to achieve greatness."**

#### **Citation:**

**Sager, Jessica. "70 Kobe Bryant Quotes to Inspire You to Channel That 'Mamba Mentality' - Parade: Entertainment, Recipes, Health, Life, Holidays." Parade, Parade: Entertainment, Recipes, Health, Life, Holidays, 4 Nov. 2022, <https://parade.com/1234641/jessicasager/kobe-bryant-quotes/>.**

## Education

**Goal 1: Continue being dedicated towards my goal of being top of my class, and not being lazy and making sure I put my best effort into any class.**

**Details: To maintain my high GPA and be top ranked in my class, I need to make sure that I complete class work to the best of my ability and make sure I study hard so when the time comes to take tests and assessments I am prepared enough to get a good grade on it.**

**Goal 2: Find love in education and every class even when it seems boring or hard to understand.**

**Details: Although it can be hard to wake up every morning to come to school, hating it doesn't make it any easier, so finding a way to love it or at most like it would help make learning the content in the classes more interesting and easier to learn.**

**Quotation for area: "Dedication makes dreams come true."**

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## Physical/Health

**Goal 1: To continue to work out through basketball, and when it is over go into the weight room at least twice a week.**

**Details: Since I am playing basketball, I pretty much get my workouts through there, however, when the season is over I plan on going into the weight room to work out so I can stay in shape and continue to get better, stronger, and healthier.**

**Goal 2: Continue to prioritize my mental health and give myself a break when needed so I never get too stressed out.**

**Details: Take mental breaks and find solutions to my problems without becoming too stressed out in the moment or about my future because that would only lead to making the situation worse or lead to procrastination.**

**Quotation for area: "We psych ourselves up too much. Like if you try to talk yourself into, 'Oh, this is a big moment, this is a big shot,' you're putting a lot of pressure on yourself. You shot that shot hundreds and thousands of times. Just shoot another one."**

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## **Family/Social**

**Goal 1: Continue to build a stronger relationship with my family and understand that they will always be here for me and I will always be there for them.**

**Details: Having good relationships with my family and going to them if I have anything and have those conversations even if they might be difficult, and through it all always loving each other**

**Goal 2: Don't be afraid to open up to people because of what you think their perceptions about you may be.**

**Details: Sometimes I miss out on good strong friendships because I am too worried about other people's perceptions or being involved in unnecessary things, so I try to stay away from them but sometimes I end up pushing the wrong people away.**

Quotation for area: "There's a big misconception where people thinking winning or success comes from everybody putting their arms around each other and singing kumbaya and patting them on the back when they mess up, and that's just not reality. If you are going to be a leader, you are not going to please everybody. You have to hold people accountable. Even if you have that moment of being uncomfortable."

**Citation:**

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**Spiritual/Values**

**Goal 1: Continue to prioritize myself without being selfish**

Details: Taking care of myself and distancing myself from people when needed, but never coming unreachable or a mean person that doesn't care about anyone but themselves.

**Goal 2: When given the opportunity give back, especially when you are in the position to or have the capability to.**

Details: Give back to the less fortunate because I believe what one puts out into society is what they would get back, therefore being loving and generous would find a way back to me if that is what I put out into society.

Quotation for area: "Use your success, wealth, and influence to put them in the best position to realize their own dreams and find their true purpose."

**Citation:**

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**Now you are ready to create your vision board, including a photo or illustration!**

**Choices:**

**Canva.com**

**Google Slides**

**Legal Paper**