

# Adapting Our Food System to a Changing Climate



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# Impact on our Health

As climate change decreases farmland, crops that are good for your health will decrease, which would also impact your health.



**One way that consumers can do to help, is by growing your own food, or buy from local farms.**







“It’s fun to grow one packet of seed  
and every plant will be totally  
genetically different, and then go  
into the garden or the field and see  
all that diversity.” - Chris Smith