

## **Printable List of Emotions**

Confusion Acceptance Envy Admiration **Epiphany** Contempt Adoration Euphoria Content Affection Courage Exasperated Afraid Cowardly Excitement Agitation Cruelty Expectancy Agony Curiosity Fascination Aggressive Cynicism Fear Alarm Dazed Flakey Alarmed Dejection Focused Delighted Fondness Alienation Demoralized Amazement Friendliness Ambivalence Depressed Fright Desire Frustrated Amusement Anger Despair Fury Anguish Determined Glee Annoyed Disappointment Gloomy Anticipating Disbelief Glumness Anxious Discombobulated Gratitude Apathy Discomfort Greed Apprehension Grief Discontentment

Arrogant Disgruntled Grouchiness Assertive Disgust Grumpiness

Astonished Disheartened Guilt
Attentiveness Dislike Happiness
Attraction Dismay Hate
Aversion Disoriented Hatred
Awe Dispirited Helpless

Baffled Displeasure Homesickness Bewildered Distraction Hope Bitter **Distress** Hopeless Bitter sweetness Disturbed Horrified Hospitable Bliss Dominant Bored Doubt Humiliation Dread Humility Brazen Brooding Driven Hurt Calm Dumbstruck Hysteria Carefree Eagerness Idleness Careless **Ecstasy Impatient** Caring Elation Indifference Charity Embarrassment Infatuation Cheeky **Empathy** Infuriated Cheerfulness **Enchanted** Insecurity Claustrophobic Enjoyment Insightful Coercive Enlightened Insulted

Ennui

Enthusiasm

Interest

Intrigued

Comfortable

Confident



Irritated Powerless
Isolated Pride
Jealousy Puzzled
Joviality Rage
Joy Rash
Jubilation Rattled
Kind Regret

Kind Rejected Lazy Liking Relaxed Loathing Relieved Lonely Reluctant Longing Remorse Loopy Resentment Resignation Love Lust Restlessness Mad Revulsion Melancholy Ruthless Miserable Sadness

Mixed up Scared Modesty Schadenfreude

Satisfaction

Moody Scorn

Mortified Self-caring

Mystified Self-compa

Miserliness

Mystified Self-compassionate
Nasty Self-confident
Nauseated Self-conscious
Negative Self-critical
Neglect Self-loathing
Nervous Self-motivated

Nostalgic Self-pity
Numb Self-respecting
Offended Self-understanding
Optimistic Sentimentality

Serenity Outrage Overwhelmed Shame Panicked Shameless Paranoid Shocked Passion Smug Patience Sorrow Pensiveness Spite Stressed Perplexed Persevering Strong Pessimism Stubborn Pity Stuck

Pleased Submissive
Pleasure Suffering
Politeness Sullenness
Positive Surprise
Possessive Suspense

Suspicious Sympathy Tenderness Tension Terror

Thankfulness

Thrilled
Tired
Tolerance
Torment
Triumphant
Troubled
Trust

Uncertainty Undermined Uneasiness Unhappy Unnerved Unsettled Unsure Upset Vengeful Vicious Vigilance Vulnerable Weak Woe Worried Worthy

Wrath