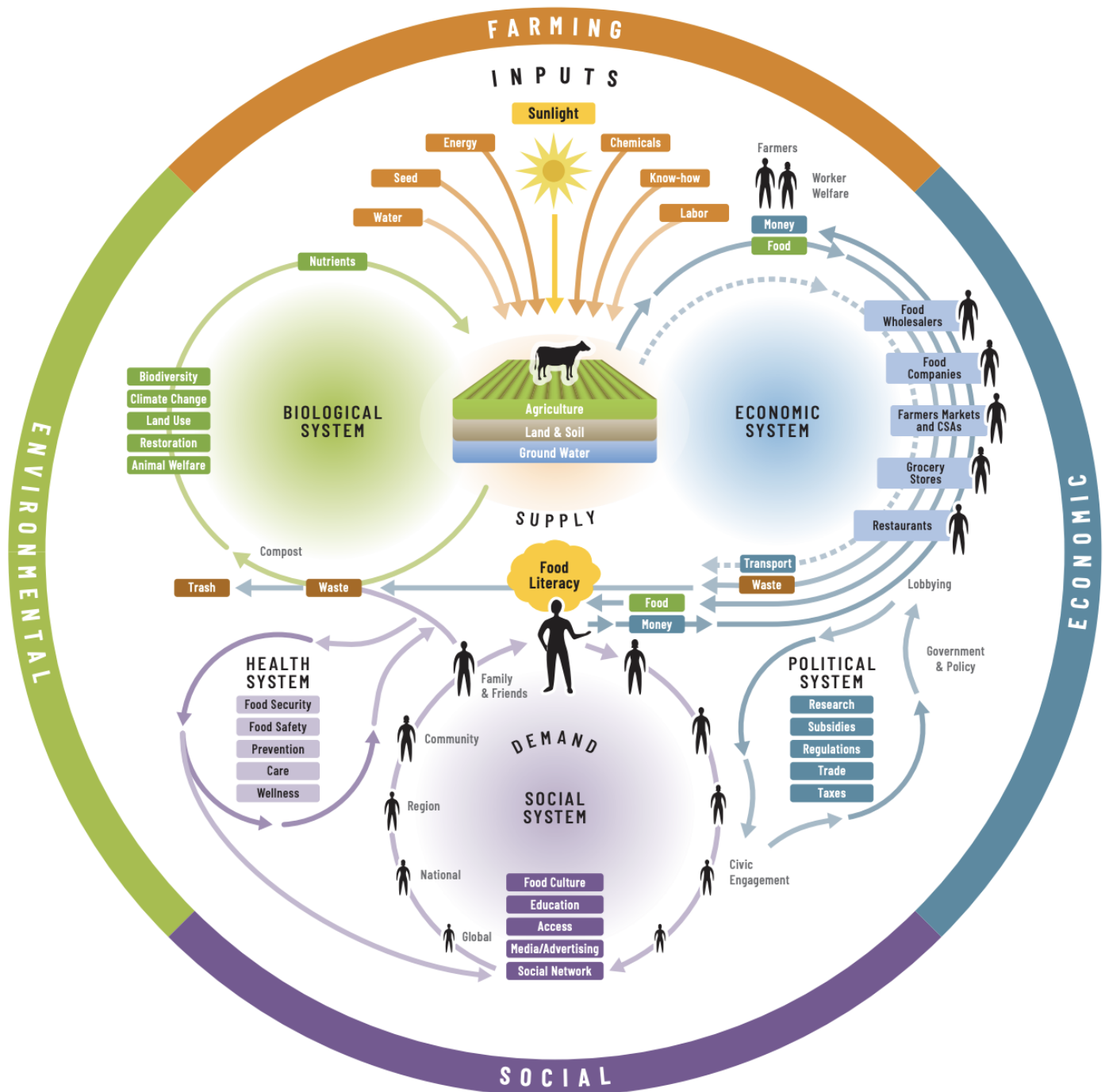


Food System Map



Source: <https://www.nourishlife.org/teach/food-system-tools/>

1. Who do you think has the most power to influence our food? Why?

2. Where in this food system map could a person's health be affected positively or negatively?
3. If you were to focus on the health of individuals, which part of the food system would you focus on?
4. How can communities exercise more control over the food they eat?

Ted Talk Video: Re-Thinking Food: Transforming Food Systems for People and Planet

1. What issues exist in our current food system?
2. How does the food system impact the environment?
3. According to Frank Eyhorn, what solutions could help improve the food system?
4. How does our current food system impact our health?