

Title How Extreme Heat Impacts Your Brain and Mental Health

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Summarize: Critical Facts from the Text

- Hateful comments online increase during heat waves
- Scientists have linked heat to anxiety & depression
- Climate change has a potential to effect mental health in addition to physical health

Analyze: What is the writer's overall claim?

- Temperature and heat has a drastic negative effect on mental health

Evaluate: What do you notice about the writer's structure or organization? How effective is it for the purpose of the text?

The author uses multiple interviews with professionals to help prove their point that this should be a concern / bringing urgency to the situation

Evaluate: Focus on the multimedia components of the text. What photographs are used? Videos? Podcasts? Other visuals? How effective are they in adding to the purpose of the text?

The author links other articles of the same topic throughout the article allowing the reader to learn even more about the issue

Reflect and Extend: What new understanding do you have after reading this article? What questions do you have that are unanswered from the text? What do you want to ask the writer? What related questions or ideas does this text give you?

- Mental health being affected by heat should bring more urgency to global warming
- What is mental health like in places closest to the equator?