The Freedom Writer's Diary

<table>
<thead>
<tr>
<th>Diary Entry</th>
<th>Acute trauma results from a single incident</th>
<th>Chronic trauma is repeated and prolonged such as domestic violence or abuse</th>
<th>Complex trauma is exposure to varied and multiple traumatic events, often of an invasive interpersonal nature</th>
</tr>
</thead>
<tbody>
<tr>
<td># 34</td>
<td></td>
<td></td>
<td>I think this entry is complex because we don’t know what made the writer start abusing alcohol and we know she has a problem and it’s creating more issues in her life and making her feel as though people don’t like her, nor her and harm people don't notice her.</td>
</tr>
<tr>
<td>Page #s 17, 18</td>
<td></td>
<td></td>
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</tr>
<tr>
<td># 35</td>
<td></td>
<td></td>
<td>I think this entry was acute trauma because the writer got caught stealing while shopping with her parents. Getting caught scared her. Her parents disappointed but she would not do it again.</td>
</tr>
<tr>
<td>Page #s 18-19</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td># 36</td>
<td></td>
<td></td>
<td>I think this entry is acute trauma because the writers wrote sexually assaulted them when they were younger. \ I say acute because it only happened once.</td>
</tr>
<tr>
<td>Page #s 19-20</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td># 37</td>
<td></td>
<td></td>
<td>I think this entry is chronic trauma because the abuse by her ex-boyfriend was reported. She felt as though she couldn’t leave no matter how bad the abuse got. She didn’t know what to do and felt like she couldn’t tell anyone.</td>
</tr>
<tr>
<td>Page #s 20-21</td>
<td></td>
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<tr>
<td>#56 Page #120</td>
<td>The writer getting into a huge argument caused them to hold a kitchen knife to their wrist.</td>
<td>The writer's mother having clinical depression and it running in their family causing them to move.</td>
<td>The writer couldn't stop thinking about suicide and would constantly think about it all the time. The writer's boyfriend would sometimes hit them.</td>
</tr>
<tr>
<td>#63 Page #129</td>
<td>The writer thought it was them just playing around until it became more aggressive and it was too late.</td>
<td>The writer would be hit and verbally abused a lot to the point they just embraced it.</td>
<td></td>
</tr>
<tr>
<td>#68 Page #143</td>
<td>The writer's teacher asking them to write about an event that changed their life.</td>
<td>The writer kept having to think about their brother no matter how hard they try not to.</td>
<td>The writer trying to run away from the memories of their brother that died.</td>
</tr>
<tr>
<td>#134 Page #255</td>
<td>The writer heard their parent argue one day and heard the door slam and that was the last time they saw their father.</td>
<td>The writer tried to forget that memory but it still haunts them causing fear of abandonment.</td>
<td>The writer has this constant of being alone and can't stop thinking about it.</td>
</tr>
<tr>
<td>Diary Entry #</td>
<td>Page #</td>
<td>Description</td>
<td>Acute trauma results from a single incident</td>
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<tr>
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<td>--------------------------------------------</td>
</tr>
<tr>
<td>10</td>
<td>41</td>
<td>Death of a Friend</td>
<td></td>
</tr>
<tr>
<td>33</td>
<td>13</td>
<td>Testifying in a murder case</td>
<td></td>
</tr>
<tr>
<td>80</td>
<td>112</td>
<td>Struck Father</td>
<td></td>
</tr>
<tr>
<td>110</td>
<td>232</td>
<td>Dead Beat Dad</td>
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<thead>
<tr>
<th>Diary Entry #3</th>
<th>Page #s 68</th>
</tr>
</thead>
<tbody>
<tr>
<td>* No name</td>
<td></td>
</tr>
<tr>
<td>* They=he/she</td>
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<tr>
<td>Acute trauma results from a single incident</td>
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<td>After they got done finishing a book called &quot;Leaves&quot; they got into talking about how people can get bullied into situations they really wouldn't be in. If they start to relate to the book on how they were being bullied in other ways bullying what they were doing serting</td>
<td></td>
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<table>
<thead>
<tr>
<th>Diary Entry #10</th>
<th>Page #s 147</th>
</tr>
</thead>
<tbody>
<tr>
<td>* No name</td>
<td></td>
</tr>
<tr>
<td>* They=he/she</td>
<td></td>
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<tr>
<td>Multi delivers some computers to ms. A classroom, she tells them that whoever has the highest grade will win a computer for college, so they think about how all of their teachers gave up on him. Tooearly since his lack of memory and low I.Q.s he never gave up on them. The computer will help with their spelling errors</td>
<td></td>
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<thead>
<tr>
<th>Diary Entry #105</th>
<th>Page #s 205</th>
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<tr>
<td>Trying to break cycles of repeating history. From their bloodstream of not finishing school, they were pushed to do more than they parents, or grand-parents by pushing they all the way making sure they don't get out and play or go work or in the garden. Since its hard for me means to go anywhere.</td>
<td></td>
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<tr>
<th>Diary Entry #110</th>
<th>Page #s _____</th>
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