

The Freedom Writer's Diary

	<u>Acute trauma</u> results from a single incident	<u>Chronic trauma</u> is repeated and prolonged such as domestic violence or abuse	<u>Complex trauma</u> is exposure to varied and multiple traumatic events, often of an invasive interpersonal nature
Diary Entry # <u>34</u> Page #s <u>67-68</u>			I think this entry is complex because we don't know what made the writer start abusing alcohol but we know she has a problem and its creating more issues in her life and making her feel as though people won't like her sober and that people don't practice self-love
Diary Entry # <u>35</u> Page #s <u>68-70</u>	I think this diary entry was acute trauma because the writer got caught stealing while shopping with her parents getting caught scared her so much and made her & her parents disappointed that she would not be do it again		
Diary Entry # <u>62</u> Page #s <u>126-128</u>	I think this entry is acute trauma because the writers uncle sexually assaulted them when they were younger I say acute because it only happened once		
Diary Entry # <u>63</u> Page #s <u>129-130</u>		I think this entry is chronic trauma because the abuse that the writer received from her ex boyfriend was repeated she felt as though she couldn't leave no matter how bad the abuse got she didn't know what to do and felt like she couldn't tell anyone	

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02/24/23
5th hour

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Diary Entry # <u>58</u> Page #s <u>120</u>	The writer getting into a huge argument caused them to hold a kitchen knife to their wrist.	The writer's mother having clinical depression and it running in their family causing them to have it.	The writer couldn't stop thinking about suicide and would think about it all the time to the point they almost committed event thought they didn't want to.
Diary Entry # <u>63</u> Page #s <u>129</u>	The writer thought it was them just playing around until it became more aggressive and it was too late.	The writer would be hit and verbally abused a lot to the point they just embraced it.	The writer's boyfriend would constantly hit them.
Diary Entry # <u>68</u> Page #s <u>143</u>	The writer's teacher asking them to write about an event that changed their life.	The writer keep having to think about their brother no matter how hard they try no to.	The writer trying to run away from the memories of their brother that died.
Diary Entry # <u>134</u> Page #s <u>255</u>	The writer heard their parent argue one day and heard the door slam and that was the last time they saw their father.	The writer tried to forget that memory but it still haunts them causing to fear abandonment	The writer has this constant of being alone and can't stop thinking about it.



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Diary Entry # <u>6</u> Page #s <u>14</u> Death of a Friend			A young boy friend had gotten killed and the boy really didn't want to show a lot of emotions b/c this is not the first time a friend of his died.
Diary Entry # <u>33</u> Page #s <u>164</u> Testifying in a murder cas	The boy plan was to go to court and protect his friend but he started to realize that it wouldn't be right to send a innocent man to jail when he knew his friend was the one who killed the guy.	The girl day is very strict and don't let her leave the house. So she was never able to go trips with her classmates, she said her dad would beat her and her mom. When she found out she let but she still took the risk.	
Diary Entry # <u>80</u> Page #s <u>162</u> Strict Father		↓	
Diary Entry # <u>110</u> Page #s <u>212</u> Dead Beat Dad	This boy wanted to meet his father and find out why his dad left him and his mom while she was pregnant with him. His mom finally took him to meet his dad but my	dad didn't want anything to do with him, so he doesn't want to try to meet his dad ever again.	

2/24/23 4HR

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Diary Entry # <u>35</u> Page #s <u>68</u> *No name *They=he/she	After they got done finishing a book called "The Wave", they get into talking about how people can get bullied into situations they really wouldn't be in, & they start to relate to the book on how they were trying to make friends by doing what they were doing, stealing		
Diary Entry # <u>70</u> Page #s <u>147</u> *No name *They=he/she		Mr. Tu delivers some computers to ms.6 classroom, & both announces that who ever has the highest grade will win a computer for collage, so they think about how all of his/her teachers gave up on him/her too easily since his lack of memory & low ms.6 never gave up on them. The computer will help with their spelling errors.	
Diary Entry # <u>105</u> Page #s <u>205</u>		Trying to break cycles of repeating history from their bloodline of not finishing school, they was pushed to do more than they parents, & grand-parents, by pushing they all the way making sure they don't either go out & play or to work on the garden. Since it's hard for me	means to go anywhere.
Diary Entry # <u>140</u> Page #s _____			

