**Complete the following planning sheet for your research essay. Your topic sentences should reflect the points you made in your thesis statement. The details will come directly from the articles you read.**

| Copy and paste your approved thesis statement here:  Mental health issues in impoverished black communities can be identified, improved, and ensured by developing a cultural competence, bettering communication, and promoting African American mental wellness. |
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1. Topic Sentence (1st Thesis Point):
   1. Detail 1: Places a strong emphasis on having cultural competence, learning, doing, and researching when it comes to African Americans

(Author/Title of Work: “Revisiting African American Idioms of Distress: Are We Speaking the Same Mental Health Language?”)

* 1. Detail 2: Notices a gap between the terminology regarding mental health whilst producing her articles on African American health.

(Author/Title of Work: “Revisiting African American Idioms of Distress: Are We Speaking the Same Mental Health Language?”)

* 1. Detail 3: Encourages other health related organizations targeting the African American race to further their knowledge on communication.

(Author/Title of Work:“Revisiting African American Idioms of Distress: Are We Speaking the Same Mental Health Language?”)

1. Topic Sentence (2nd Thesis Point):
   1. Detail 1

(Author/Title of Work: “These problems continue to persist, and the Medical Expenditure Panel Survey indicates that Black Americans are significantly less likely to receive appropriate management and treatment for mental illness compared to White Americans.”

(Author/Title of Work:) Atlanta's Role in the Fight for Mental Health in the African-American Community

* 1. Detail 2 (Author/Title of Work: “One significant barrier to seeking treatment for mental illness is the mistrust of medical care stemming from America’s troubled history of medical exploitation of Blacks…”

(Author/Title of Work: Atlanta's Role in the Fight for Mental Health in the African-American Community)

1. Topic Sentence (3rd Thesis Point):
   1. Detail 1:“The foundation’s launch serves as an opportunity for local and state governments, colleges and universities, metro-area school systems, and the private sector to collaborate and directly combat undertreatment in our communities.”

(Author/Title of Work: Atlanta's Role in the Fight for Mental Health in the African-American Community)

* 1. Detail 2: “Though several healthcare entities continue to work diligently to provide affordable mental healthcare, many patients remain without care. However, the Atlanta Public School (APS) system and the Atlanta University Center Consortium (AUCC) can ideally hire more psychotherapy and psychiatric professionals to better educate APS youth of the importance of addressing mental health.”

(Author/Title of Work: Atlanta's Role in the Fight for Mental Health in the African-American Community)