

There is an ongoing mental health crisis in our youth.

45% 20% 60%

of teens experienced depression (as of 2020)

of teens with anxiety had no treatment

of suicidal thoughts increased in teens resulting up to the pandemic

Find Your Wings +9s



Reach communities that need to know about mental wellness.

Make resources available to all kids and teens, and create spaces safe for us so we feel accepted in our identities.

Protect Our Teens!

Mental health is hard to navigate. Nobody should feel the need to do it alone.

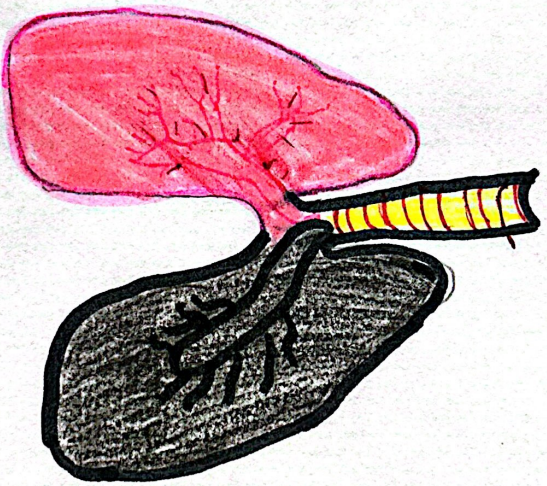
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Logos:

- Cigarette Smoke
- Contains over 4,800 chemicals, 69 of which are known to cause cancer.
- Major cause of Stroke.
- raises blood pressure
- Suppresses immune function.
- Leads to depression & fatigue
- May cause fetal heart attacks
- 53,000 nonsmokers die every year from secondhand smoke.
- More than 8 million die from tobacco use every year.

Quit

Smoking



Smoking
kills!

Ethos: The American

Lung Association has been around more than 100 years. They've identified and reported several factors regarding reasons to quit smoking. The US Surgeon general points to tobacco smoking as the leading cause of preventable disease, disability and death in the United States.

Pathos:

Both my parents smoke. My mom ~~has~~ been smoking my whole life. Thankfully they wouldn't smoke near me or my siblings when ~~we~~ we were younger. My dad is still in good health, but not long ago my mom had a pre-stroke. Since then she's had to relax ~~to~~ more and had to start taking lots of meds. ~~She~~ She's been trying to quit slowly so that's good.

There are Always

Elianna Flores

04/11/2023

Period 2

TWO Sides

Every year, approximately 975 innocent people are arrested for crimes they didn't even commit. They are wrongfully accused and taken away from their families for something they didn't do. Protesting peacefully to prove these people's innocence is one way to fight back against the actions of the judicial system. Going out into the community, talking to others, until justice is properly served.

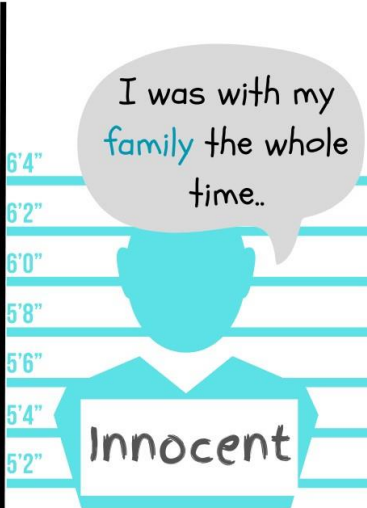
Some of the leading factors in these wrongful convictions are **eyewitness misidentification** and **false confessions**.

Some reasoning behind this is ongoing **racism** or **discrimination** in our community.

This man here is guilty for [insert crime].



It was him! That man is a **criminal**, I just know it!



According to the University of Michigan, "As of August 8, 2022, the National Registry of Exonerations* listed 3,200 defendants who were convicted of crimes in the United States and later exonerated* because they were innocent."

This proves that with a **helpful community**, other innocent citizens have a chance at being **free**.



Help break the chain!



*exoneration: the action of officially absolving someone from blame