

How can we help the CDC achieve your Healthy People objective?

Civic Action THINK-TAC-TOE (CHI#8.5)

- Choose 3 civic action items in the think-tac-toe below to meet YOUR Healthy People 2030 Objective (the one you added to the spreadsheet)
- There is no rubric so you can be creative, but if a box has specific instructions you will be expected to follow them

What to submit in Google Classroom:

1. Evidence of completion (uploaded/shared) in Google Classroom for each box that you choose (10 Summative points each)

<p>OTHER... Think about how you can help the CDC achieve the objective you picked...what can you do?</p> <ol style="list-style-type: none"> 1. Spread awareness 2. Work with what you can control 	<p>Download the 311 App and put a request in to the city that aligns with your “Healthy People 2030” objective</p>	<p>Write a CER-Con on the subject to local news media</p> <ul style="list-style-type: none"> • Chicago Sun Times • Chicago Tribune • Crain's Chicago Business : email letters@chicagobusiness.com • Chalkbeat
<p>Be a Local Organization’s Hype (Wo)man</p> <ul style="list-style-type: none"> • Volunteer with, or hype up a local organization that is already in place to help achieve your objective. 	<p>Social Media Post</p> <p>Create your own meme or GIF and message to post on social media</p> <ul style="list-style-type: none"> • Meme Generator • GIF Generator <p>Create social media posts for various platforms with a catchy hashtag, video testimonial and/or story.</p> <ul style="list-style-type: none"> • Instagram • Snapchat • Redditt • Facebook • Twitter • Tiktok 	<p>OTHER...</p> <p>Think about how you can help the CDC achieve the objective you picked...what can you do?</p> <ol style="list-style-type: none"> 1. Spread awareness 2. Work with what you can control
<p>Contact your Alderman to let them know you think your community should address your issue</p> <ul style="list-style-type: none"> • Find your Alderman 	<p>OTHER...</p> <p>Think about how you can help the CDC achieve the objective you picked...what can you do?</p> <ol style="list-style-type: none"> 1. Spread awareness 2. Work with what you can control 	<p>Create your own infographic to share with our class at a Town Hall or on the school’s Facebook page</p> <ul style="list-style-type: none"> • Piktochart • Canva

OTHER...

- Raise awareness on your block with **signs** that help achieve your “target” from your Health People 2030 objective

- Start a **garden** for yourself/your community/your family (would only fit with SOME of the Healthy People 2030 goals)
 - [Phases of starting a garden](#)
 - [Starting seeds in a baggie](#)